

DECLARATION OF PSYCHOLOGICAL PRACTICE

For the purposes of registration, applicants are asked to declare their area of intended practice in psychology via the Psychological Practice Profile.

Please note the following:

- When completing all areas of this form, please bear in mind that the Board wants to know what you are either doing presently or what you are planning to do in the very near future. We are neither asking about activities in the more distant future nor asking for you to declare all that you could do. However, in future, other activities and populations could be added to one's profile, provided one has relevant training and experience.
- With applicants to the profession, the current policy of the Board is that the area of practice being declared must be identified by the program of study. This generally means that the applied area of practice declared by an applicant must be consistent with the area stated on the transcript, e.g. Clinical Psychology, Counselling Psychology, School Psychology, etc.; or the area should be consistent with the title of the program identified by the university or through programmatic accreditation of the program (e.g. CPA Accredited Program in Counselling Psychology).
- However, given that there are fewer programs specifically titled as “Forensic Psychology”, the Board will look at the educational preparation of the applicant beyond the transcript or programmatic accreditation, to see whether one’s program of study and training and experience has offered adequate concentration in Forensic Psychology and to ensure that appropriate supervision related to Forensic Psychology will be available to the candidate.
- In addition to one’s declared area of applied practice, one may be engaging in formal research or teaching psychology courses. As such, the Board has included the areas of Formal Research and Academic Psychology.
- Within the category of *Formal Research*, NSBEP is interested in capturing the time you spend completing formal research work (versus the time spent developing and maintaining competence). Time spent developing and maintaining competence, etc., should be captured but assigned to the corresponding activity category. For example, time spent reviewing literature on interventions would be entered in the *Intervention/Treatment* category.
- The Board has also included a category for Administration since a number of psychologists hold such positions. Within the category of *Administration*, NSBEP is not referring to the completion of general administrative work (such as paperwork), rather we are referring to psychologists who hold a position in which they manage a psychological service unit.
- The Board’s defined areas of practice are available via the NSBEP document entitled *Appropriate Practice Areas* which can be accessed via this link:
http://www.nsbep.org/downloads/Appropriate_Practice_Areas.pdf
- Your professional referees are asked to comment on your completed declaration.

Instructions for completion

Part A asks about your employment status, practice setting(s), and language(s)*. Please indicate whether your employment status is full or part time. (Those working part time please indicate how many hours per week.) Then check the applicable practice setting(s) in which you are employed and identify the applicable languages in which you are comfortable providing services.

*Information about language(s) of service is helpful for the public, e.g. NSBEP Directory of Psychologists (listing by language), Directory of French Speaking Health Care Providers.

Part B of the Psychological Practice Profile asks about your area(s) of your psychological practice. Please check the area(s) of your psychological practice and estimate the percentage of time you spend working in each area. For instance, if you spend four days per week engaged in clinical work and one day per week doing research, you would check #1, Clinical, and #5, Research. You would then write in 80% for Clinical and 20% for Research. The total percentage of time should add up to 100%. If you hold competency in an area but are not currently practicing in this area, you can identify this by placing a check mark and zero in this box.

Part C of the Psychological Practice Profile asks you to indicate the activities and services you provide within the areas of practice indicated in Part B. For instance, if your clinical work involves Consultation, Assessment/Evaluation, and Intervention/Treatment with Adults you would enter #1 in the appropriate boxes for Adults. Likewise, if your research was with adults, you would enter #5 in the box corresponding to Research and Adults. Information about practice areas and populations can be very helpful for the public and mental health professionals when making referrals (e.g. Directory of Psychologists).

Some Clarifications

Within the category of *Consultation*, NSBEP is interested in the time spent completing any work done on behalf or at the request of another health professional. For instance, a GP might be concerned that one of his patients is depressed, and asks for your opinion. The time spent talking to the GP to clarify the concerns and time providing feedback after seeing the patient would be entered under *Consultation*.

With the category of *Assessment*, NSBEP is interested in the time you spend completing both psychometric assessment and non-psychometric assessment function, i.e. in order to provide an understanding which informs a practical plan of action.

Some individuals may confuse clerical work with Administration. Time spent completing any clerical work should not be assigned to the category of Administration (as previously noted we are referring to managing a psychological service unit when using the term Administration). Rather, such work should be assigned to the corresponding activity category. For instance, if you are completing clerical paperwork in relation to an assessments you have completed, this should be entered in the *Assessment / Evaluation* category. Similarly, if your paperwork is in relation to an intervention then it should be captured under the *Intervention / Treatment* category.

The categories of *Formal Research & Academic & Administration* are included in both Sections A & C of the Psychological Practice Profile so that the corresponding populations can be tracked for these areas.

PSYCHOLOGICAL PRACTICE PROFILE

A. Please affirm your overall employment status, all practice setting, and language(s).

Overall I will be employed: **Full-time** **Part-time** **Not currently working**

If employed part-time, how many hours per week will you average?: _____

In the area below, please check the applicable practice setting(s) in which you will be employed.

Private Practice	<input type="checkbox"/>	Community Agency	<input type="checkbox"/>	Hospital	<input type="checkbox"/>	School	<input type="checkbox"/>
Counselling Centre	<input type="checkbox"/>	University/College	<input type="checkbox"/>	Government	<input type="checkbox"/>	Other	<input type="checkbox"/>

You are comfortable to provide services in: **English** ____, **French** ____, **other language(s)** _____

B. In the area below, check the applicable area(s) of your intended psychological practice¹ and indicate the percentage of your time spent working in the area(s).

1. Clinical Psychology	<input type="checkbox"/>	2. Counselling Psychology	<input type="checkbox"/>
3. School Psychology	<input type="checkbox"/>	4. Forensic/ Correctional Psychology	<input type="checkbox"/>
5. Formal Research	<input type="checkbox"/>	6. Academic (teaching psychology)	<input type="checkbox"/>
7. Industrial / Organizational Psychology	<input type="checkbox"/>	8. Clinical Neuropsychology	<input type="checkbox"/>
9. Administration	<input type="checkbox"/>		

C. Once you have indicated your area(s) of practice, use the corresponding numbers to identify in the below table the activities and services you will provide and the clients to whom you will provide these services.

Clients	Administration	Consultation	Assessment/ Evaluation	Intervention/ Treatment	Formal Research	Academic
Infants	<input type="checkbox"/>					
Children	<input type="checkbox"/>					
Adolescents	<input type="checkbox"/>					
Adults	<input type="checkbox"/>					
Elderly	<input type="checkbox"/>					
Families	<input type="checkbox"/>					
Couples	<input type="checkbox"/>					
Organizations	<input type="checkbox"/>					

Applicant's Signature

Date

(A typed signature is acceptable)

¹ The Board recognizes that subspecialty areas of practice are evolving (e.g. Health Psychology, etc.) but such areas should correspond with the broader practice areas (e.g. Clinical Psychology).